




November Menu

2017

<u>Date</u>	<u>Meal</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Week of 10/30	Breakfast	Yogurt, granola, fresh fruit	Bagels, w/cream cheese, fresh fruit	Oatmeal, fresh fruit	Scrambled eggs, fresh fruit	Cheerios, fresh fruit
	Lunch	Chicken nuggets, corn, pears	Lasagna, mixed vegetables, fruit cocktail	BBQ chicken sandwiches, corn, peaches	Hamburgers, green beans, tropical fruit	Hash Brown Casserole, peas, apple sauce
	Snack	Pretzels, cucumbers	Graham crackers, gogurt	Vanilla wafers, string cheese	Ritz crackers, turkey	Cheeze its, raisins
Week of 11/6	Breakfast	Yogurt, granola, fresh fruit	Bagels, w/cream cheese, fresh fruit	English muffins, fresh fruit	Scrambled eggs, fresh fruit	Cheerios, fresh fruit
	Lunch	Grilled cheese, tomato soup, corn, tropical fruit	Beef and bean burritos, green beans, fruit cocktail	Chicken and stuffing casserole, mixed vegetables, pineapple	Chicken and mashed potatoes, peas, peaches	Cowboy meatloaf, corn, apple sauce
	Snack	Pretzels, carrots	Graham crackers, gogurt	Saltine crackers, cheese	Ritz crackers, turkey	Gold fish, raisins
Week of 11/13	Breakfast	Yogurt, granola, fresh fruit	Bagels, w/cream cheese, fresh fruit	Waffles, fresh fruit	Scrambled eggs, fresh fruit	Cheerios, fresh fruit
	Lunch	Chicken sandwiches, corn, pears	Beef stroganoff, peas, fruit cocktail	Chicken and broccoli casserole, green beans, pineapple	Chicken and dumpling casserole, mixed vegetables, peaches	Pepperoni pizza, corn, apple sauce
	Snack	Pretzels, cucumbers	Graham crackers, gogurt	Vanilla Wafers, Cheese	Ritz crackers, turkey	Cheeze its, raisins
Week of 11/20	Breakfast	Yogurt, granola, fresh fruit	Bagels, w/cream cheese, fresh fruit	French toast sticks, fresh fruit	 <p>Happy Thanksgiving</p>	<p>ACA Closed</p>
	Lunch	Macaroni and cheese, green beans, peaches	Goulash, peas, fruit cocktail	Turkey sandwiches, mixed vegetables, pineapple		
	Snack	Pretzels, carrots	Graham crackers, gogurt	Saltine crackers, cheese		

