

September

2017

<u>Date</u>	<u>Meal</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Week of 9/4	Breakfast	Yogurt, granola, fresh fruit	Bagels, w/cream cheese, fresh fruit	Oatmeal, fresh fruit	Scrambled eggs, fresh fruit	Cheerios, fresh fruit
	Lunch	Chicken nuggets, corn, pears	Hash brown casserole, mixed vegetables, fruit cocktail	Chicken and mashed potatoes, corn, peaches	Hamburgers, green beans, tropical fruit	Lasagna, peas, apple sauce
	Snack	Pretzels, cucumbers	Graham crackers, gogurt	Vanilla wafers, string cheese	Ritz crackers, turkey	Cheeze its, raisins
Week of 9/11	Breakfast	Yogurt, granola, fresh fruit	Bagels, w/cream cheese, fresh fruit	English muffins, fresh fruit	Scrambled eggs, fresh fruit	Cheerios, fresh fruit
	Lunch	Grilled cheese, tomato soup, corn, tropical fruit	Beef and bean burritos, green beans, fruit cocktail	Amish noodles with chicken, mixed vegetables, pineapple	BBQ chicken sandwiches, peas, peaches	Spaghetti w/meat sauce, corn, apple sauce
	Snack	Pretzels, carrots	Graham crackers, gogurt	Saltine crackers, string cheese	Ritz crackers, turkey	Gold fish, raisins
Week of 9/18	Breakfast	Yogurt, granola, fresh fruit	Bagels, w/cream cheese, fresh fruit	Waffles, fresh fruit	Scrambled eggs, fresh fruit	Cheerios, fresh fruit
	Lunch	Chicken enchilada soup, corn, pears	Beef Stroganoff, peas, fruit cocktail	Chicken and broccoli casserole, green beans, pineapple	Chicken and stuffing casserole, mixed vegetables, peaches	Taco bake, corn, apple sauce
	Snack	Pretzels, cucumbers	Graham crackers, gogurt	Vanilla Wafers, Cheese	Ritz crackers, turkey	Cheeze its, raisins
Week of 9/25	Breakfast	Yogurt, granola, fresh fruit	Bagels, w/cream cheese, fresh fruit	Pancakes, fresh fruit	Scrambled eggs, fresh fruit	Cheerios, fresh fruit
	Lunch	Macaroni and cheese, green beans, peaches	Cowboy meatloaf, peas, fruit cocktail	BBQ chicken with rice casserole, mixed vegetables, pineapple	Chicken noodle soup, green beans, tropical fruit	Chili, corn, applesauce
	Snack	Pretzels, carrots	Graham crackers, gogurt	Saltine crackers, cheese	Ritz crackers, turkey	Gold fish, raisins